

Introductory Brochure



30th Triennial Congress
ICM Prague 2014

Midwives: Improving Women's Health Globally



**1-5 June 2014,
Prague, Czech Republic**

The International Confederation of Midwives
www.midwives2014.org



Message from the ICM President, Bridget Lynch

Dear Midwives,

Each ICM Congress provides an opportunity to share research, network and strengthen midwifery in various regions of the world. The 30th ICM Congress in Prague will bring to the forefront the challenges facing midwifery in Eastern Europe and the bridges we can build to ensuring high quality women-centred midwifery care in that region of the world. The theme for the 2014 congress is 'Midwives: Improving Women's Health Globally', a theme which directly reflects Millennium Development Goal (MDG) 5: To improve women's health. Governments and our global partners have recognized that midwives are an essential workforce to achieve MDG5 by 2015.

Work has started already to bring you a very special 30th Triennial Congress in one of Europe's very special capital cities. The experience of an ICM Congress is memorable in many ways: it is not only about thousands of midwives sharing excellence in practice and knowledge but also about mutual support at a unique international level. Best wishes as you start your forward planning and gathering funds for the Prague Congress.

Bridget Lynch
ICM President



Message from the President of the Czech Confederation of Midwives, Věra Vránová

Dear Midwives,

It is an honor for me as President of the Czech Confederation of Midwives, the host midwifery organization, to extend an invitation to the ICM 30th Triennial Congress in the Czech Republic, which is supported by our Ministry of Health and the City of Prague.

Our capital city, Prague, is known as the "heart of Europe" and I believe that similarly midwives are the "heart of maternity services worldwide". Midwives provide a unique personal commitment and contribution to the health and wellbeing of women and their newborn. This quality along with excellent midwifery education and evidence-based competent practice sits at the core of highly skilled midwifery. It is with our open hearts and our dedication to effective midwifery practice that enables midwives to listen and respond to the needs of women in our care before, during and after the birth of their children.

Prague 2014 will provide a wonderful opportunity to share experiences and build on the essential midwifery services that we already provide for women in our respective countries and communities.

Your attendance at the Prague Congress will not only boost our nation's midwifery but will also be a significant event for midwifery development in neighbouring countries of this Region. Many government and international organizations know that midwives play a crucial role in saving lives and strengthening national health systems: as we approach the target year of 2015 for Millennium Development Goals, it is this message that will resonate from the world's midwives who gather in Prague for the 30th ICM Congress.

Over the next three years we are committed to contributing to an exceptional and unforgettable Congress. So start preparing for Prague and see you in 2014!

Věra Vránová
ČKPA President



ICM Prague 2014

City of Prague

Prague, the capital city of the Czech Republic with 1.2 million inhabitants, ranks amongst the most impressive historical cities in the world. The city has always played an important part in the history of the nation and Europe.



Since medieval times, Prague has been distinguished as one of the most beautiful cities in the world, not only as a centre of cultural movements dating back for centuries but it also exhibits a unique collection of historical monuments, dominated by Prague Castle.

The average temperature is considered to be a "continental climate" in June, varying between 19° C and 25° C. The Czech Republic lies within the Central European Time zone, i.e. GMT+1 hour. Summer time (GMT+2 hours) is in effect from the end of March until the end of September.

The official currency is the Czech Crown (CZK/Kc) with Exchange offices and ATM machines easily available throughout the City and at Prague International Airport. The official language in the Czech Republic is Czech, but many people speak English in the tourist areas and services

Passport and Visa Requirements

All foreign visitors to the Czech Republic must possess a passport valid for at least the next 3 months. Participants who require a visa should apply in advance to the consular offices of the Czech Republic or diplomatic missions in their country in order to avoid delays in travel arrangements to the meeting. The visa application procedure can take up to two months.



Restaurants and Shopping

Czech cuisine is typical of Middle European gastronomy, featuring a number of Czech elements such as bread or fruit dumplings, various kinds of soups, sauces, numerous potato dishes, cakes and a wide range of festive dishes. In general, Czech gastronomy means roasted pork with dumplings and sauerkraut, potato pancakes, plum dumplings and bilberry cakes ... and, of course, Czech drinks – primarily beer and first-rate wines from South Moravia, not to mention "Slivovice", a clear Czech plum brandy and "Becherovka" a delicious herbal elixir with legendary aphrodisiac qualities.

Shops in Prague are normally open Monday–Friday from 09:00–18:00, and on a Saturday morning. All major credit cards are accepted.



Travel in Prague

Official taxis have a permanently installed yellow roof lamp with the TAXI sign in black letters. The registration number, company name and the price list including the basic rate, rate per kilometer and one-minute-waiting rate must be displayed on both front doors of the cab. Prague Public Transit Co. Inc. is the main public transport operator in the Czech Republic. A ticket must be purchased before starting a journey.

Metro/Underground: operates daily from 5:00 to 24:00. This is recommended as the fastest and cheapest form of moving around the city.

Tram and Buses operate 24 hours a day.

ICM 30th Triennial Congress Prague 2014: Response Form

If you are interested in receiving further details about ICM 30th Triennial Congress Prague 2014, as and when they become available, please complete and return this tear-off slip indicating below your areas of interest.

Please tick as many of the following boxes as you wish:

- Speaker Updates with Further Programme Information
- Early Booking Discount Offer
- E-newsletters
- Information about Submitting Abstracts
- Information about Prague and Czech Republic
- Brochure Requests: insert number required (.....)
- Willing to review Abstracts

NAME _____

ADDRESS _____

COUNTRY _____

EMAIL _____

For further information visit the website www.midwives2014.org or contact us at info@midwives2014.org.



Seeing the sights

Many Delegates attending an ICM Congress will take the tourist trail when the Congress ends. A full programme of post Congress tours will be provided in the Registration Brochure to be published in early 2012, but here is a flavour of the spectacular trips that will be available

- **Grand city Tour:** a morning or afternoon walking tour for 4 hours that includes Prague Castle, the Charles Bridge and the Old town with its famous astronomical clock.
- **Boat Trip:** this tour offers the opportunity to explore enchanted Prague from the deck of a boat. The river cruise allows you to discover some of the city's major monuments and sights, such as the National Theatre, Prague Castle and Charles Bridge, while relaxing over dinner or a drink and listening to music or dancing.
- **2 day Trip to Karlovy Vary:** the city is situated in the western part of the Czech Republic on a junction of two rivers about 120 km from Prague. It contains the largest and most famous health resort in the Czech Republic with an opportunity to use the facilities. The city has a rich history, founded in the 14th century by Charles IV. The trip includes a visit to the Moser Glass factory.
- **2 day Trip to Cesky Krumlov:** this Historical town is a jewel of Southern Bohemia with its labyrinth of lanes and hidden nooks, and its exquisite castle and architecture.

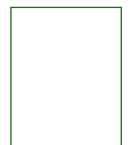


Congress Theme and Scientific Programme

Prague is known as a city of many bridges which span the beautiful Vltava river. These bridges have inspired the sub-themes for the Prague Congress, which will build on the three pillars required to provide the highest quality midwifery services: education, regulation and association. These sub-themes will identify the bridges we can build with these pillars to improve health outcomes for childbearing women and their newborns globally.

- Building bridges in health systems for high quality midwifery services
- Regulating and supporting an autonomous midwifery profession
- Integrating midwifery services in the community
- Developing and promoting evidence based practice
- Growing Associations and participating in policy development
- Educating our students to the highest standards
- Saving maternal and newborn lives

Over the next 12 months a highly skilled international group of midwives will start developing a programme that is topical, stimulating and varied to suit midwives from all backgrounds and experiences. The unique framework of the congress offers a diverse range of activities including: traditional peer-reviewed papers, discussion around work in progress, and workshops on innovative projects; work with International Partners and inspiring Keynote speakers.



ICM 30th Triennial Congress Prague 2014

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